

**WHAT IS CLAIMED IS:**

1. A portable arm support comprising:
  - a saddle;
  - fastening straps for securing said saddle to an arm of a user;
  - a support tube having first and second ends, said first end being
- 5 pivotally mounted to said saddle;
  - a pocket member for securing to the user in spaced apart relation from said saddle, and having a cavity for receiving a second end of said support tube; and
  - wherein a portion of said saddle defines a steady rest which engages directly against an object to provide support for such object.
- 10 2. The portable arm support according to Claim 1, further comprising a retaining member secured to said saddle for releasably securing said support tube to said saddle.
3. The portable arm support according to Claim 1, wherein said support tube is telescopically extensible for selectively extending an overall length of said support tube.
4. The portable arm support according to Claim 1, further comprising at least one latch means for selectively securing said support tub in a selected overall length.
5. The portable arm support according to Claim 1, wherein said pocket member is secured to a waist belt of the user, said cavity for receiving said support tube faces upwards, and said pocket member further includes a belt fastener strap mounted to one side of said pocket member.

6. The portable arm support according to Claim 1, further comprising:  
 said saddle having first and second saddle members, with said second  
 saddle member being smaller than said first saddle member and being fixedly secured  
 to said first saddle member, and said second saddle member having an swivel aperture  
 5 disposed therein; and

said second saddle member having an aperture into which an upper end  
 of said support tube is rotatably secured by a swivel pin .

7. The portable arm support according to Claim 6, further comprising:  
 fastening straps secured to and extending on opposite sides of said  
 saddle, a first end of said straps having buckles and a second end of said straps having  
 apertures for securing said buckles to said second end of said straps to secure said  
 5 saddle to the forearm of a user.

8. The portable arm support according to Claim 6, further comprising:  
 a generally U-shaped, flexible, metal retaining clip fixedly secured to  
 said first saddle member for receiving said support tube, said retaining clip being of a  
 size for releasably securing said support tube to said first saddle member when said  
 5 support tube is disposed within said retaining clip.

9. The portable arm support according to Claim 6, further comprising:  
 said first saddle member being of a larger size than said second saddle  
 member and being of an I-shaped configuration, having a central, elongate middle  
 portion and two end portions that are disposed such that longitudinal lengths of said  
 5 two end portions are disposed in perpendicular relation to a longitudinal length of said  
 middle portion and in parallel;

said second saddle member being of a T-shaped configuration, which  
 comprises an upper portion and a lower portion, a first longitudinal length of said  
 lower portion being is disposed in perpendicular relation to a second longitudinal

10 length of said upper portion; and

said swivel aperture extending through said second saddle member proximate a juncture of said upper and lower portions.

10. The portable arm support according to Claim 6, further comprising:

a swivel pin having first and second ends and being formed into an L-shaped configuration, said first end of said swivel pin being fixedly secured to an upper end of said support tube and said swivel pin extending through said swivel aperture in said second saddle member; and

a swivel anchor secured to said second end of said swivel pin, said swivel anchor being of a larger size than said swivel aperture in said second saddle member for securing said swivel pin within said swivel aperture, which pivotally secures said support tube to said saddle.

11. The portable arm support according to Claim 1, wherein said support tube comprises:

inner and outer tube sections, said inner tube section slidably secured within said outer tube section for telescopically extending in sliding relation therewith to selectively adjust an overall length of said support tube; and

an attachment member which extends between said inner and outer tube sections to prevent said inner and outer tube sections from telescopically moving in sliding relation until said tube sections are pulled fully apart, such that said inner tube section cannot be fully removed from within said outer tube.

12. A portable arm support for attaching to a user, comprising in combination:

a saddle having first and second saddle members, with said second saddle member being smaller than said first saddle member and being fixedly secured to said first saddle member;

fastening straps secured to and extending on opposite sides of said saddle, a first end of said straps having buckles and a second end of said straps having apertures for securing said buckles to said second end of said straps to secure said saddle to the forearm of a user;

a belt pocket defining an upwardly facing cavity and having a belt fastener strap mounted to one side of said belt pocket;

a support tube pivotally secured to said saddle and telescopically extensible for adjusting an overall length of said support tube to extend from said saddle and into seat belt pocket; and

wherein said support tube is telescopically adjustable to extend and then latch in an extended position with a lower end of said support tube disposed within said cavity of said belt pocket to support said saddle in fixed relation to said belt pocket.

13. The portable arm support according to Claim 12, wherein a portion of said first and second saddle members define a steady rest for directly engaging against an object being supported in the hand of a user, to provide further support for the object.

14. The portable arm support according to Claim 12, further comprising:  
a generally U-shaped, flexible, metal retaining clip fixedly secured to said first saddle member for receiving said support tube, said retaining clip being of a size for releasably securing said support tube to said first saddle member when said support tube is disposed within said retaining clip.

15. The portable arm support according to Claim 12, further comprising:

said first saddle member being of a larger size than said second saddle member and being of an I-shaped configuration, having a central, elongate middle portion and two end portions that are disposed such that longitudinal lengths of said two end portions are disposed in perpendicular relation to a longitudinal length of said middle portion and in parallel;

said second saddle member being of a T-shaped configuration, which comprises an upper portion and a lower portion, a first longitudinal length of said lower portion being is disposed in perpendicular relation to a second longitudinal length of said upper portion; and

a swivel aperture extending through said second saddle member proximate a juncture of said upper and lower portions.

16. The portable arm support according to Claim 15, further comprising:

a swivel pin having first and second ends and being formed into an L-shaped configuration, said first end of said swivel pin being fixedly secured to an upper end of said support tube and said swivel pin extending through said swivel aperture in said second saddle member; and

a swivel anchor secured to said second end of said swivel pin, said swivel anchor being of a larger size than said swivel aperture in said second saddle member for securing said swivel pin within said swivel aperture, which pivotally secures said support tube to said saddle.

17. The portable arm support according to Claim 16, wherein said support tube comprises:

inner and outer tube sections, said inner tube section slidably secured within said outer tube section for telescopically extending in sliding relation therewith to selectively adjust said overall length of said support tube; and

an attachment member which extends between said inner and outer tube



19. A portable arm support for attaching to a user, comprising in combination:

a saddle having first and second saddle members, with said second saddle member being smaller than said first saddle member and being fixedly secured to said first saddle member;

fastening straps secured to and extending on opposite sides of said saddle, a first end of said straps having buckles and a second end of said straps having apertures for securing said buckles to said second end of said straps to secure said saddle to a forearm of a user;

a belt pocket defining an upwardly facing cavity and having a belt fastener strap mounted to one side of said belt pocket;

a support tube pivotally secured to said saddle and telescopically extensible for adjusting an overall length of said support tube to extend from said saddle and into said belt pocket;

wherein said support tube is telescopically adjustable to extend and then latch in an extended position with said lower end of said support tube disposed within said cavity of said belt pocket to support said saddle in fixed relation to said belt pocket;

wherein a portion of said first and second saddle members defines a steady rest directly engaging against an object being supported in the hand of a user, to provide further support for the object;

a generally U-shaped, flexible, metal retaining clip fixedly secured to said first saddle member for receiving said support tube, said retaining clip being of a size for releasably securing said support tube to said first saddle member when said support tube is disposed within said retaining clip;

said first saddle member being of a larger size than said second saddle member and being of an I-shaped configuration, having a central, elongate middle portion and two end portions that are disposed such that longitudinal lengths of said two end portions are disposed in perpendicular relation to a longitudinal length of said

30 middle portion and in parallel;

said second saddle member being of a T-shaped configuration, which comprises an upper portion and a lower portion, a first longitudinal length of said lower portion being disposed in perpendicular relation to a second longitudinal length of said upper portion;

35 a swivel aperture extending through said second saddle member proximate a juncture of said upper and lower portions;

a swivel pin having first and second ends and being formed into an L-shaped configuration, said first end of said swivel pin being fixedly secured to an upper end of said support tube and said swivel pin extending through said swivel aperture in said second saddle member; and

40 a swivel anchor secured to said second end of said swivel pin, said swivel anchor being of a larger size than said swivel aperture in said second saddle member for securing said swivel pin within said swivel aperture, which pivotally secures said support tube to said saddle.

20. The portable arm support according to Claim 19, wherein said support tube comprises:

inner and outer tube sections, said inner tube section slidably secured within said outer tube section for telescopically extending in sliding relation therewith to selectively adjust an overall length of said support tube;

5 an attachment member which extends between said inner and outer tube sections to prevent said inner and outer tube sections from telescopically moving in sliding relation until said tube sections are pulled fully apart, such that said inner tube section cannot be fully removed from within said outer tube section; and

10 wherein said attachment member comprises flexible line which is attached to opposite ends of said inner and outer tube sections.